



Helping your child with Personal, Social, Health Education (PSHE)

“Educating the mind without educating the heart is no education at all” ~Aristotle



At Doddinghurst Infant School we believe in providing a holistic education. Developing the ‘whole child’ through an immersive progressive PSHE scheme called Jigsaw.

Intent

We teach Personal, Social, Health Education as a whole-school approach to ensure that our children have secure foundations to move confidently to the next Key Stage. The aims of PSHE at our school is to:

- Deliver PSHE efficiently and effectively in accordance with the school’s mission statement “We believe that education is an adventure for all.”
- Ensure that children build self-belief and understanding of their own value as a person.
- Provide sessions to support positive social interactions with their peers, adults within school and our wider school community.
- Support children in identifying ways they can make healthier lifestyle choices.
- Support children to make connections between the learning they receive in PSHE and their future ‘real life’ experiences.

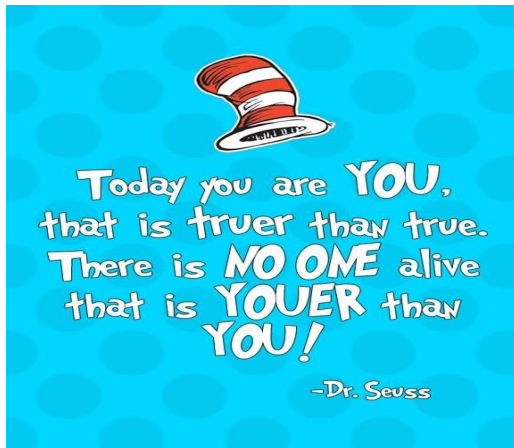
How is my child supported with PSHE?

We build a safe environment for contributing, listening, exploring and challenging ideas and beliefs. We use interactive colour monster displays enabling children to explore their emotions and causes for their feelings.



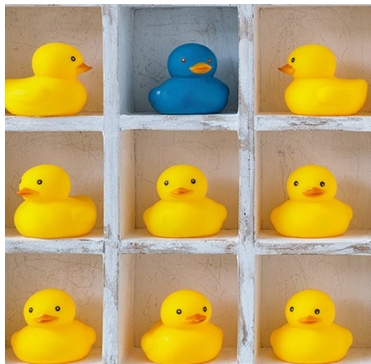
The Doddinghurst Infant School PSHE curriculum helps children to develop behaviours which enable them to:

- Become effective and successful learners
- Make and sustain friendships, dealing with and resolving conflict effectively
- Solve problems, with others or by themselves
- Manage strong feelings such as frustration, anger and anxiety
- Work and play co-operatively
- Identify ways to keep safe
- Take responsibility for their learning and level of challenge they strive for
- Identify ways to live healthily



Unique

While being a valued contributing member of our school, we support every child with opportunities to develop and contribute with their school family and learning journey. They can develop and grow, academically, spiritually and emotionally.



Success

As part of our school we have many incentives and positive reward schemes to encourage your child to feel pride, value and achievement.

- Golden Book - Teachers comments about work to be read out loud during celebration assembly.



- Rainbow of Recognition - A class based incentive to reward behaviours and achievements.

- Stickers and stamps to praise efforts and recognize good work, desirable behaviours .



- Class mascot bird to be received during assembly and taken home for a week.



The School Council

At Doddinghurst Infant School we aim to encourage pupils to develop leadership skills and personal qualities to enable them to act as positive role models.

Each class has a representative on the School Council. Their responsibilities include gathering pupils' views on issues such as; school dinners and areas for school development. What is working well/needs improvement.

They enable pupil voices to be heard by staff and the headteacher. They also communicate new initiatives and developments to their peers.

You can provide your support by:

- Helping your child to respond to questionnaires sent out.
- Encouraging your child to speak out about issues affecting their well-being in school.



How can I help at home?

Parents and carers are the key to children's social, emotional and behavioural learning. You are the expert on your own child, and your knowledge about your child's developing skills can provide valuable information about what is working and needed.



It is important that you encourage your child to identify their emotions. They are faced with many challenges and we can work with you to help them to build resilience, love learning and be healthy and safe.



Listening to their worries and supporting them in resolving conflict and reflecting on events with:

- How could you have done that differently?
- What could you do differently next time?
- How would that make **** feel?
- How can I help you?
- Did you tell anyone about this?
- Who could help you in school?

(Teacher/ Learning Support Assistant/
Mid-Day Assistant/ Super Buddy)